

FORSTER EYE SURGERY

Dr. Geoffrey Whitehouse MBBS(Syd) FRANZCO

GETTING ORGANISED FOR SURGERY

1. BOOKING INTO THE HOSPITAL

Once a date has been set for your surgery, you will need to be booked into the hospital where your surgery is to be performed. You will have been supplied with an admission and consent form.

Mayo Private and Forster Private Hospital - the admission forms should be completed and taken or posted to the hospital as soon as possible. The hospital staff will check your particulars and explain about the admission procedure on the day of your surgery. They will also tell you of any extra out-of-pocket expenses you can expect from the hospital.

Gloucester / Manning Rural Referral – the admission forms should be completed and forwarded to the hospital as soon as possible – **YOU DO NOT GET PUT ON THE WAITING LIST UNTIL THESE FORMS HAVE BEEN RECEIVED BY THE HOSPITAL !**

2. PRE-OPERATIVE TESTS AND INVESTIGATIONS

For Mayo Private and Forster Private Hospital patients: you will be given a letter to take to your GP whom you should see approximately two weeks prior to surgery. Your GP or pre-admission nurse at the hospital may perform an ECG and organise any other investigations or blood tests that may be necessary. This is to ensure that you are well enough to undergo an anaesthetic. You should be given a letter by your GP to take with you to the hospital to give to the anaesthetist on the day of the surgery. Your GP will notify your surgeon if they can foresee any problems.

For Gloucester Hospital and Manning Rural Referral Hospital: you will be advised by the hospital regarding your date of surgery with instructions to organise an appointment at their pre-admission clinic for review.

3. INFORMATION REGARDING BLOOD THINNERS – see page 2 of this sheet

4. THE DAY PRIOR TO YOUR SURGERY – contact the hospital the working day prior to your surgery for admission time and fasting details

5. THE DAY OF YOUR SURGERY / ARRIVING AT THE HOSPITAL

DO NOT WEAR ANY EYE MAKE-UP TO THE HOSPITAL – wearing of makeup will result in your surgery being cancelled

If you are having cataract surgery, please bring your pre-operative eye drops with you.



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6. THE ANAESTHETIST

Just prior to surgery, you will meet your anaesthetist. If you have any special requests, or have been unwell after a previous anaesthetic, please let the anaesthetist know.

7. SURGERY

Just prior to the operation you will be taken to the anaesthetic/recovery room. An intravenous drip will be set up via a small needle in your forearm and you will be asked to breathe some oxygen via a mask or nasal prongs. You will then be given some sedative medication through the drip to help relax you. Once in the theatre the skin around your eye and face will be washed with antiseptic and sterile covers placed over you.

At the end of the operation a dressing will usually be placed over the eye that has been operated on. You will then move back into the recovery room or go directly back to the ward. Once in the ward you can have something to eat and drink, and can change back into your normal clothes.

8. LEAVING THE HOSPITAL

If your surgery is being done on a 'day only' procedure, you will usually be ready to go home 2 to 4 hours after you return from the recovery room.

IF YOU ARE LEAVING THE HOSPITAL ON THE DAY OF YOUR OPERATION YOU MUST ARRANGE FOR A RESPONSIBLE PERSON TO BE WITH YOU FOR 24 HOURS. YOU ALSO CANNOT DRIVE FOR 24 hours AFTER AN ANAESTHETIC !!

You will be given a list of instructions when you leave the hospital. These will be specific for the type of surgery you have. Please follow these instructions carefully. You should also book a post operative appointment at Forster Eye Surgery as instructed by the hospital staff.

If you are staying with a friend/relative following surgery, could you please advise us of an alternative phone number in case we need to contact you.

If you have any problems, please contact the hospital or Forster Eye Surgery on the numbers below:

Forster Eye Surgery	6555 5669
Forster Private Hospital	6555 1333
Mayo Private Hospital	6552 1466
Gloucester Memorial Hospital	6538 5000
Manning Base Hospital	6592 9111



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BLOOD THINNERS

IF YOU ARE UNDERGOING CATARACT SURGERY

- Patients undergoing cataract surgery do not need to cease their medications if having routine topical anaesthesia with sedation.
- If you have been told you may require a block anaesthetic, please speak to our staff regarding blood thinners
- Patients on Warfarin will need to have an INR done on the morning of surgery which must be under 3.0.
- If you take or have ever taken **Flomax, Flomaxtra, Duodart, Risperdal (Risperidone), Invega (Paliperidone)**, please ensure we are aware of this

FOR ALL OTHER SURGERY OTHER THAN CATARACT SURGERY

- Warfarin should be ceased three days prior to surgery and other blood thinners (listed below) should be ceased two weeks prior to surgery. These can usually be restarted the day following surgery.

14 days pre-op

ASASANTIN

ASTRIX (Aspirin)

CARDIPRIN

BRILINTA (Ticagrelor)

CARTIA

EFFIENT (Prasugrel)

ISCOVER

PLAVIX (Clopidogrel)

TILODENE (Ticlopidine)

DINDEVAN (Phenindione)

Fish oil, krill oil, garlic, glucosamine, ginkgo biloba, ginger, NSAIDS and Omega 3 supplements.

3 days pre-op

COUMADIN (WARFARIN)

ELIQUIS/APIXABAN

MAREVAN

PRADAXA

PERSANTIN FRAGMIN

1 day pre-op

XERALTO (Rivaroxaban)

(August 2016)

